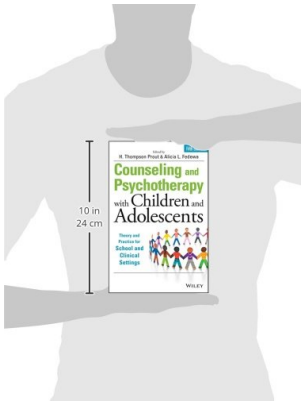
[PDF] Counseling And Psychotherapy With Children And Adolescents: Theory And Practice For School And Clinical Settings

H. Thompson Prout, Alicia L. Fedewa - pdf download free book



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Description:

A comprehensive, theory-based approach to working with young clients in both school and clinical settings

Counseling and Psychotherapy with Children and Adolescents, Fifth Edition provides mental health professionals and students with state-of-the-art theory and practical guidance for major contemporary psychotherapeutic schools of thought. Children and adolescents are not just small adults; they have their own needs, requirements, and desires, on top of the issues presented by still-developing brains and limited life perspective. Providing care for young clients requires a deep understanding of the interventions and approaches that work alongside growing brains, and the practical skill to change course to align with evolving personalities. The thoroughly revised fifth edition is a comprehensive reference, complete with expert insight.

Organized around theory, this book covers both clinical and school settings in the fields of psychology, counseling, and social work. Coverage of the latest thinking and practice includes Cognitive Behavioral, Rational-Emotive, Reality Therapy, Solution Focused, Family Systems, and Play Therapy, providing a complete resource for any mental health expert who works with young people.

- Understand the major approaches to counseling and psychotherapeutic interventions
- Discover the ethical and legal implications of working with children and adolescents
- Learn how to employ culturally responsive counseling with younger clients
- Examine interventions for children and adolescents with disabilities and health care needs

This updated edition includes a stronger emphasis on the clinical application of theory to specific disorders of childhood and adolescence, and new coverage of the legal and ethical issues related to social media. Chapters include a case studies and online resources that make it ideal for classroom use, and new chapters on Solution-Focused Therapy and Play Therapy enhance usefulness to practicing therapists. Expert guidance covers techniques for working with individuals, groups, and parents, and explores the efficacy of the theories under discussion.

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