

# [PDF] Heaven And Earth: Making The Psychic Connection

James Van Praagh, Barrett Whitener - pdf download free book

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#### Books Details:

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#### Description:

Celebrity medium James Van Praagh has offered enormous comfort to the bereaved by helping them converse with their deceased loved ones. Rather than hoarding the secrets to his phenomenal success as a clairvoyant, Van Praagh now offers *Heaven and Earth*--a step-by-step course in developing psychic ability. He shows readers how to heighten each of their senses, not just the sixth one. In another chapter he describes the methods that spirits use to contact us, such as instilling thoughts that seem like "inspirations" (which mean "in spirit," according to Van Praagh). He also teaches readers how to protect themselves from negative entities, such as "psychic vampires." True to his bestselling formula in and , Van Praagh uses real-life anecdotes to keep the narrative grounded and compelling. And there's an unexpected bonus: buried within the chapter "Psychic

Protection," Van Praagh shares his clairvoyant insight into the assassination of John F. Kennedy. --  
*Gail Hudson* --This text refers to an out of print or unavailable edition of this title.

**From Publishers Weekly** prominent clairvoyant Van Praagh (*Talking to Heaven*) has been on Larry King Live, Oprah and the New York Times bestseller list. His latest book part fragmentary memoir and part how-to guide asserts that everyone is born with six senses; the trick, of course, is to learn how to use each of them. To educate readers toward a higher level of psychic ability, Van Praagh discusses the basic skills involved in mediumship (development of increased awareness, communication with spirit guides) and the worlds that invisible phenomena inhabit (the energy fields that envelop the body, the channels through which spirits make contact). To enhance intuition, he recommends daily meditation, breathing exercises and visualization; for the more difficult task of connecting with the higher vibrations of the spirit world, he suggests group work with like-minded people to help build the requisite psychic energy. But as individuals increase their receptivity to spirit communication, Van Praagh warns that they may become vulnerable to psychic vampires and other harmful astral entities. The auric shield, which is like a "brilliant glass shell" surrounding the human body, is an essential safeguard against these negative forces, and the author provides exercises to maintain and strengthen it. This excellent primer demystifies the work of mediums, and for people who hope to reach out to their deceased loved ones or meet their spirit guides, it offers simple and accessible guidance.

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