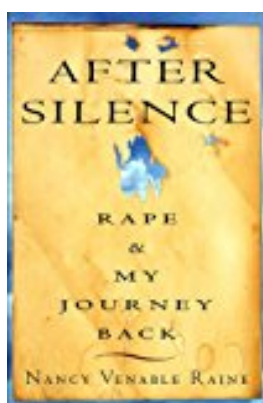


# [PDF] After Silence: Rape And My Journey Back

Nancy Venable Raine - pdf download free book

---



**Books Details:**

Title: After Silence: Rape and My Jo  
Author: Nancy Venable Raine  
Released: 1998-08-11  
Language:  
Pages: 278  
ISBN: 0517706830  
ISBN13: 978-0517706831  
ASIN: 0517706830

[\*\*CLICK HERE FOR DOWNLOAD\*\*](#)

---

pdf, mobi, epub, azw, kindle

**Description:**

"The words *shut up* are the most terrible words I know," writes Nancy Venable Raine. "The man who raped me spat these words out over and over during the hours of my attack--when I screamed, when I tried to talk him out of what he was doing, when I protested." It took Raine seven years before she could start to remove the chains those words had wrapped around her spirit by writing about how the anonymous assailant had transformed her forever. "I have noted what has come into my view as I go about my life," she says, "seeing the world through the eyes of a woman who remembers rape."

Raine brings a poet's attention to language and imagery to her account, infusing *After Silence* with powerful immediacy. The reader is made to understand why an event as seemingly innocuous as a landlord asking for a spare set of keys to one's apartment can strike dread into one's heart. As Raine takes us through her personal journey of recovery, she also explores the shifting cultural consciousness toward rape, from the acknowledgement of posttraumatic stress suffered by rape victims to the portrayal of rape in movies. It's this willingness to interrogate the world around her, combined with an emotional honesty that portrays intimate drama without resorting to sensationalism, that makes *After Silence* one of the most important memoirs of the 1990s. --Ron Hogan

**From Publishers Weekly** On October 11, 1992, the seventh anniversary of her rape, Raine determined that she would write about her assault and recovery. Six years of reflection and wide-ranging research served this talented writer well, for her account, studded with references to everything from Greek myths to government statistics, is fascinating and surprisingly readable. Raine describes the rape itself with remarkable objectivity. Then she describes the many small steps that she, like so many other rape victims, took to cope with the shame and ruptured faith that were the cruel legacy of her attack. After a period of relative isolation, followed by a stretch of believing she had "gotten over it," Raine was hit with intense depression. But the psychotherapy she underwent at the time, combined presumably with the writing of this book, helped bring her at last to a place where she can voice the pain of her experience, even if she can't erase it. Skillfully interwoven into this narrative are insightful digressions into, for example, the neurological underpinnings of post-traumatic stress disorder and the psychology behind that powerful emotion, shame. Neither self-pitying nor shrill, Raine has achieved an impressive balance between a starkly candid memoir of personal trauma and an ingenious literary discussion of an all-too-often unspeakable crime.

Copyright 1998 Reed Business Information, Inc.

---

- Title: *After Silence: Rape and My Journey Back*
- Author: Nancy Venable Raine
- Released: 1998-08-11
- Language:
- Pages: 278
- ISBN: 0517706830
- ISBN13: 978-0517706831
- ASIN: 0517706830

