

[PDF] All Stressed Up And Everywhere To Go!

Gaylyn R. Williams, Ken Williams Ph.D. - pdf download free book

Books Details:

Title: All Stressed Up and Everywher

Author: Gaylyn R. Williams, Ken Will

Released: 2011-01-03

Language:

Pages: 208

ISBN: 0972172874

ISBN13: 978-0972172875

ASIN: 0972172874



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Description:

Review Dr. Ken Williams is an expert in dealing with issues related to stress and its impact on our lives. He draws from a deep well as he writes having spent years as a Wycliffe missionary himself, and then as a counselor to missionaries. He combines his life experience, professional training, and academic credentials to co-author a book full of solid advice. He and daughter, Gaylyn, have teamed up to provide an excellent resource for believers who want to de-stress their lives through the application of God's Word mixed with healthy therapeutic principles. --- Bob Creson, President and CEO, Wycliffe Bible Translators USA, Inc., Orlando, Florida

I recommend you take the time to read this important book. Stress can ruin your life, but Jesus offers a better way. The Biblical solutions and personal truths in this book can set your heart, mind

and soul free. This book is a timely remedy for a culture consumed with pressure, over-scheduling, impossible deadlines and sleepless nights full of anxiety. Read and be restored to the life God intended. --- Gary Wilkerson, President of World Challenge and Pastor of the Springs Church

This father/daughter writing team have produced something profoundly useful for the Christian community. It will bless and help anyone who studies it. Ken is a legend in Wycliffe Bible Translators. My husband and I have known him for 40 years. He lives the principles expressed in this book. So does Gaylyn. The diversity of their experience strengthens the book and enhances its usefulness. Authentic, soundly practical, occasionally funny, often heart-wrenching you'll love it! -- Laura Mae Gardner, D.Min., International Training Consultant for Wycliffe Bible Translators and SIL International

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About the Author Ken and Gaylyn Williams are an insightful father-daughter writing team and co-authors of *The Door to Joy*. Ken, has a PhD in Human Behavior, served with Wycliffe Bible Translators for 53 years and founded International Training Partners, training Christian workers around the world. Gaylyn is the executive director of Relationship Resources, author of sixteen books, and a dynamic international, inspirational and motivational speaker. They live with their families in Colorado Springs, CO.

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