

# [PDF] Aromatherapy For Healing The Spirit: Restoring Emotional And Mental Balance With Essential Oils

**Gabriel Mojay - pdf download free book**

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**Books Details:**

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**Description:**

**Review** "Gabriel Mojay provides a wealth of information in an easy-to-read package."  
(Better Homes MindBodySpirit)

"Wonderfully comprehensive and clearly presented."  
(Kindred Spirit)

"An important and timely contribution to the understanding of essential oils."  
(Seza Eccles, Aromatherapy Quarterly)

"A very useful and practical addition for any aromatherapist's library."  
(Positive Health)

"A very thorough informational guide to the spiritual and psychological benefits of essential oils. The book is beautifully illustrated and makes a valuable contribution to holistic health and well-being."  
(Spectrum, May/June 2000)

"Aromatherapy for Healing the Spirit is an excellent resource for anyone interested in expanding his or her devotional life through the senses."  
(Spiritualityhealth.com)

"A comprehensive introduction to aromatherapy that also contains a wealth of knowledge for experienced aromatherapy practitioners."  
(New Age Retailer, October 2000)

"Mojay blends a knowledge of Chinese Medicine with the practice of aromatherapy to treat the body, mind and spirit. Mojay shows how to blend oils, and then suggests various blends for emotional ailments-such as tension, agitation, worry-as well as oils to promote good relationships."  
(Bodhi Tree Book Review, Issue Number 24)

**About the Author** Gabriel Mojay is a registered practitioner of aromatherapy, shiatsu, acupuncture, and medical herbalism. He is the principal of the Institute of Traditional Herbal Medicine and Aromatherapy and founding chairman of the Register for Qualified Aromatherapists. He lives in England.

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