

[PDF] Battle For Grace: A Memoir Of Pain, Redemption And Impossible Love

John Garrett, Cynthia Toussaint, Linden Gross - pdf
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Description:

Review "This is an inspirational book in which Cynthia Toussaint provides living proof that with courage and determination, supported by love, anything is possible. I hope you will read *Battle for Grace*."

- Jane Goodall, PhD, DBE, Founder - the Jane Goodall Institute & UN Messenger of Peace,

"I enjoyed *Battle for Grace* because it looks deeply, not just at the person experiencing pain, but also the caregiver who shares in the experience. I appreciate the degree to which the love between the two people in this story promotes their healing."

- Kevin Dobson, Actor

"I identify strongly with Cynthia's experiences since I've endured fifty-six years of living with a disability after a skiing accident left me a quadriplegic. Our competitive spirits have helped us triumph over our severe physical problems. By telling her story, as I did, Cynthia is helping millions of others to never give up on their dreams."

- Jill Kinmont Boothe, Alpine ski racer who inspired *The Other Side of the Mountain*

"Battle for Grace is a tale of grit, survival, and redemption. With unflinching honesty, Toussaint lays bare her decades-long quest for diagnosis, validation, and respect, and the tenacious journey that transformed her from housebound patient to passionate advocate. For the millions of patients living with pain and illness as well as those who care for them, Toussaint's story will resonate powerfully--it is one of suffering, yes, but ultimately, it is one of unconditional love."

- Laurie Edwards, author of *In the Kingdom of the Sick: A Social History of Chronic Illness in America* (Walker, 2013)

"Battle for Grace - Cynthia's journey and story - is a true testament to the strength of the human spirit. Cynthia is at once honest, determined, raw and inspiring. You will find yourself rooting for her through the challenges and delighting in the victories."

- Beth Darnall, PhD, clinical associate professor, Division of Pain Management, Stanford University

"Cynthia's inspiring story moves the most thick-skinned legislators and brings hope and encouragement to everyone challenged by pain and difficulties."

- U.S. Congressman Jared Huffman

"Battle for Grace shines a light on the plight of women in pain and the perseverance it takes to change the system. This is a story of hope and success. In a word, inspirational."

- California Senator Carol Liu

"Be forewarned: Reading Cynthia's memoir will break your heart. Yet despite her agony, she has not only survived, but thrived to give hope and courage to other women in pain."

- Cheryl England, editor/publisher, Southern California Physician

About the Author Cynthia Toussaint founded the organization For Grace in 2002 to raise awareness about the chronic pain disease Complex Regional Pain Syndrome, and five years later expanded the organization's mission to ensure the ethical and equal treatment of all women in pain. She currently serves as spokesperson, and has had CRPS and Fibromyalgia for 30 years. Before becoming ill, she was an accomplished ballerina and worked professionally as a dancer, actor and singer.

Toussaint has been featured on ABC World News with Diane Sawyer, PBS, Discovery Health, The Learning Channel, AARP The Magazine, Newsweek, Woman's Day and The New York Times, among others. She is a consultant for ABC News, FOX News and PainPathways, the official magazine of the World Institute of Pain.

Cynthia currently resides in Los Angeles with her life-partner John Garrett and their two Siamese rescue cats, Zanzibar Stone and Haydée Grace.

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