[PDF] Bird Flu: A Virus Of Our Own Hatching

Michael Greger - pdf download free book

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Description:

Review Greger's work is imbued with deep commitment, discerning intelligence, and life-affirming compassion. -- *John Robbins, author of Diet for a New America*

From the Publisher Here's what people are saying about Bird Flu:

"The book reads like a detective novel, but its value will be equipping readers to protect themselves from the flu.... Bird Flu will be a fine addition to the office library as we continue to plan a national response to a possible avian influenza pandemic." --Dirk Kempthorne, U.S. Secretary of the Interior

"The book is timely, well written, and very comprehensive from any reader's perspective. It also can help people understand the urgency of a possible avian flu pandemic as it now exists, and how it could affect the health and well-being of people everywhere." --Julie Gerberding, MD, Director of the U.S. Centers for Disease Control and Prevention.

"[Greger's] contribution to research is commendable." --Colonel George W. Korch, Jr., Commander of the U.S. Army Medical Research Institute of Infectious Diseases

"A brilliant and captivating book, meticulously researched, beautifully and engagingly written with wit and grace, and argued with relentless logic. In addition to providing practical take-home tips for protecting oneself from the flu, the author elegantly demonstrates that the evolution of the devastating influenza virus, as well as that of numerous other zoonotic pathogens, stems directly from the proliferation of confinement agricultural systems. Every person concerned about human and animal health and welfare, self-preservation, and justice should read this book." --Bernard Rollin, PhD, University Distinguished Professor, Colorado State University

"Dr. Greger does an excellent job. His writing is lucid and sensible, and his research complete. Bird Flu is a timely work and will be an excellent resource for scientists and laypersons alike." --**Earl Brown,** Ph.D., Professor of Biochemistry, Microbiology and Immunology, University of Ottawa

"Michael Greger has taken on the formidable task of reviewing and synthesizing the many factors contingent upon chicken production that have brought us to the influenza threat the world now faces. Drawing upon scientific literature and media reports at large, Dr. Greger explores the hole we have dug for ourselves with our own unsavoury practices.... Michael Greger has achieved much in this volume. He has taken a major step toward balancing humanity's account with animals." -- **Kennedy F. Shortridge,** Ph.D., DSc(Hon), CBiol, FIBiol, Professor Emeritus at the University of Hong Kong

"Michael Greger's work is imbued with deep commitment, discerning intelligence, and life-affirming compassion. His work is a gift to our times." --John Robbins, author of *The Food Revolution*

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