

[PDF] Family Guide To Homeopathy: Symptoms And Natural Solutions

Andrew Lockie - pdf download free book



Books Details:

Title: Family Guide to Homeopathy: S

Author: Andrew Lockie

Released: 1993-07-07

Language:

Pages: 480

ISBN: 0671767712

ISBN13: 978-0671767716

ASIN: 0671767712

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pdf, mobi, epub, azw, kindle

Description:

From Publishers Weekly Lockie, a well-known homeopath in the U.K., argues that at its deepest level, homeopathy is preventive in nature, gently nudging the immune system to work better. And although he concedes that drugs, surgery, radiation and other high-tech methods have been successful for some disorders, Lockie claims they are not appropriate for the majority of diseases seen in family practice. Homeopathic treatment, as he describes it, involves a peeling away of "layers" of illness, removing symptoms in the reverse order in which they appeared, and each time

reaching further back. Because homeopathic medicine looks on the mind and body as one, Lockie argues that remedies should match three elements: physical symptoms, mental and emotional symptoms, and the general sensitivities of the patient. Unfortunately, this comprehensive look at homeopathic treatments is not altogether user-friendly, especially for those who have not yet been evaluated by a homeopath and do not know if their condition is well suited to this treatment system. Appendices include an extensive listing of how 60 substances used in homeopathic remedies are intended to work and a bibliography. Illustrations not seen by PW.

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From Library Journal Unlike allopathic medicine, homeopathy has a long tradition of encouraging self-diagnosis and self-care where reasonable. Here, a British homeopath offers a very accessible explanation of homeopathic theory, a homeopathic first-aid guide, a compilation of numerous ailments and symptoms and their corresponding treatments, and one of the better materia medica aimed specifically for home use by the layperson. The text has been "Americanized" for U.S. readers. Lockie is careful to point out symptoms that require medical intervention. His book is highly recommended for public libraries with subject demand in alternative health modalities.

-Judith Eannarino, Washington, D.C.

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