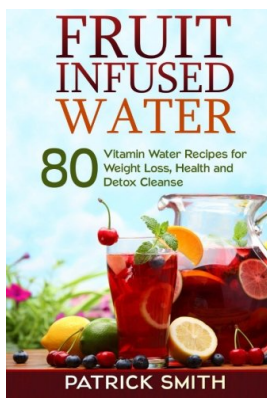


[PDF] Fruit Infused Water: 80 Vitamin Water Recipes For Weight Loss, Health And Detox Cleanse (Vitamin Water, Fruit Infused Water, Natural Herbal Remedies, Detox Diet, Liver Cleanse)

Patrick Smith - pdf download free book



Books Details:

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Description:

Delicious No-Calorie Alternatives to Soda for Low Cholesterol, Weight Loss, and General Health

80 Recipes for Fruit Infused Water to Lose Weight and Health

Dear friend,

Fruit infused water is the combination of the health benefits and taste of fruits, herbs and vegetables with water. Also known as *vitamin water*, it allows you to replace sodas, juice and other sugary beverages with healthy drinks that are just as delicious.

In the *fruit infused water* handbook, you will find zero-calorie, *low cholesterol* recipes that boost your metabolism and help you lose weight. In addition, there are many recipes that help clean and cleanse the body of toxins. They are great in combination with liver detox programs and any detox diet. Also, if you have an interest in *natural herbal remedies*, this is a way to use herbs to your benefit in a simple way.

Fruit Infused Water Can Replace Any Soda

Here is a brief overview of what's inside:

- **80 fruit in fused water recipes for weight loss and health**
- 25 vitamin water recipes that boost your metabolism
- **25 fruit infused water recipes perfect for the gym and summer**
- 30 fruit infused water recipes with detox properties that are perfect for detox cleanses, liver detox and more
- **No sugars, low cholesterol, no calories, no alcohol**
- Natural herbal remedies in the form of water
- **Much more!**

As a health coach with a passion for fitness and nutrition, fruit infused water has accompanied me for a long time. Vitamin water is perfect for losing weight and getting nutritional contents at the same time. They also make a great counterpart to smoothies, not to mention how delicious they look. A glass pitcher filled with a mixture of water and fruits is an exotic thing to serve on parties and always gets a lot of attention.

Would You Like To Know More?

Scroll to the top of the page and click the buy button to join thousands of people that already use these vitamin water recipes to lose weight and live healthier lives.

Tags: *coconut oil, detox diet, detox cleanse, fatty liver, liver cleanse, 10 day detox diet, liver detox, fruit infused water, vitamin water*

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