

# [PDF] LifeForce: A Dynamic Plan For Health, Vitality And Weight Los

# Jeffrey S. McCombs D.C. - pdf download free book



### Books Details:

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**Description:**

## From Library Journal

The author holds that many chronic conditions, ranging from fatigue to food cravings, reflect the presence of systemic candidiasis (an invasive yeast infection), whose true occurrence he believes is severely underdiagnosed by conventional medical practitioners. His LifeForce Plan is a one-time

detoxification tool with six key components: diet (no pork, sugar, dairy, alcohol, or grains except brown rice), water, 15 SF722 anti-Candida capsules daily, vitamin C, sweating sessions, and, after six weeks, acidophilus capsules. Because the SF722 capsules contain undecenoic acid, a derivative of the castor bean, it has not been approved for pregnant women in the first trimester. Caveat aside, the book is acceptable for larger alternative health collections.

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**About the Author** Dr. McCombs is a third-generation graduate (1984) of Palmer College of Chiropractic. He is licensed in the states of California, Illinois, Colorado, New Mexico, and Arizona. He is a member of California and Illinois Chiropractic Associations, the International Association of Specialized Kinesiologists, the American Association for Health Freedom, and the American Holistic Health Association. He is a speaker on national and local radio shows, and he consults with and treats patients and doctors all over the United States on chiropractic, nutrition, diet, homeopathy, and herbs. He currently resides in Albuquerque, New Mexico. For more information, visit [www.LifeForcePlan.com](http://www.LifeForcePlan.com).

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