

[PDF] Movers, Dreamers, And Risk-Takers: Unlocking The Power Of ADHD

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Books Details:

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Description:

Review

□As a writer, Roberts is engaging; as a comedian, he is able to laugh at himself and keep the book light-hearted and upbeat. As a life coach, ADHD counselor, and ADHD patient, he demonstrates that he has the professional and personal experience to speak from a position of authority on the subject. This combination of personal and professional experience, positivity, and humor makes his book an irresistible read." -**PsychCentral**

About the Author Kevin Roberts is a teacher and ADHD coach with a master's degree in ADHD studies. He is also the author of *Cyber Junkie: Escape the Gaming and Internet Trap*.

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