

[PDF] The Bon Appetit Cookbook: Fast Easy Fresh

Bon Appetit Magazine, Barbara Fairchild - pdf download free book



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Author: Bon Appetit Magazine, Barbar

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Description:

Full of fresh, delicious recipes that are fast enough for a weeknight, special enough for a weekend, Bon Appétit makes it easy to find just the right recipe and pull it together in no time at all.

Forget about lukewarm takeout, and don't even think of reaching for tired leftovers—with The Bon Appétit Fast Easy Fresh Cookbook, you'll have more than 1,100 quick and easy recipes at your fingertips, all using fresh, readily available ingredients in inventive new ways. This is the perfect book for everyone who wants to create healthful, delicious, and exciting food every night of the week.

Supermarkets and local farmers' markets are filled with diverse ingredients that add flavor, texture, and interest to your cooking. Use that quality as inspiration, and let this book be your guide as you use those ingredients to get dinner on the table in a flash. From Cilantro-Lime Crab Salad in Avocado Halves, Roasted-Garlic Beef Stew, and Linguine with Winter Pesto to Shrimp with Ginger-Herb Butter, Grilled Steak with Fresh Garden Herbs, and Peach Pie with Berry Jam, you'll find a wide range of flavorful dishes inside that take a fun, modern spin.

For more than half a century, Bon Appétit has been the go-to source for straight-forward, sophisticated recipes, each with a contemporary twist. Now more than ever we also want to be conscientious about choosing responsibly sourced ingredients and healthy foods. The experts at Bon Appétit show how, in the most comprehensive collection—ever—of the magazine's best, most delicious, fast and easy recipes. As a cookbook, Fast Easy Fresh is unparalleled—every recipe is simple to use and has been tested with care by the Bon Appétit Test Kitchen. It will become your indispensable source for all the tips, hints, and tricks you need to keep you on top of your game.

Eating local, eating better, eating fresh—it all starts here, in The Bon Appétit Fast Easy Fresh Cookbook.

Amazon Exclusive: Tip's from Author Barbara Fairchild

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Exclusive Recipe Excerpts from The Bon Appétit Cookbook

From Publishers Weekly Starred Review. Culled from *Bon Appetit* magazine's Fast, Fresh, Easy

column, this recipe compendium is one of the largest available for those who love to cook and eat well but lack time on weeknights to make dishes that require hours to prepare. Although Fairchild forgoes estimates of how long each dish may take to make, and a number of entries may not qualify as fast for some cooks, especially beginners, the recipes are generally simple, if not foolproof, and cover a vast territory of cuisines. Ingredient lists are short, seldom running over 10 items and rely on the use of the freshest, finest foods available; a helpful shopping guide at the beginning is a welcome aid to those not yet versed in the ingredients' seasonality or optimal appearance. Similarly, a wealth of boxed hints and tips offer an extra level of help to get people cooking confidently. Even if the fast and easy labels don't always apply, anyone looking for a reliable source of relatively uncomplicated, tasty dishes will be thrilled to find this. Color photos not seen by *PW*. (Oct.)
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