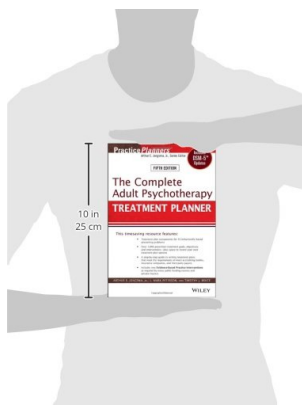


[PDF] The Complete Adult Psychotherapy Treatment Planner: Includes DSM-5 Updates

Arthur E. Jongsma Jr., L. Mark Peterson, Timothy J. Bruce - pdf download free book



Books Details:

Title: The Complete Adult Psychother
Author: Arthur E. Jongsma Jr., L. Ma
Released:
Language:
Pages: 608
ISBN: 111806786X
ISBN13: 9781118067864
ASIN: 111806786X

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Description:

A time-saving resource, fully revised to meet the changing needs of mental health professionals

The Complete Adult Psychotherapy Treatment Planner, Fifth Edition provides all the elements necessary to quickly and easily develop formal treatment plans that satisfy the demands of HMOs, managed care companies, third-party payors, and state and federal agencies.

- New edition features empirically supported, evidence-based treatment interventions including anger control problems, low self-esteem, phobias, and social anxiety
 - Organized around 43 behaviorally based presenting problems, including depression, intimate relationship conflicts, chronic pain, anxiety, substance use, borderline personality, and more
 - Over 1,000 prewritten treatment goals, objectives, and interventions—plus space to record your own treatment plan options
 - Easy-to-use reference format helps locate treatment plan components by behavioral problem or DSM-5 diagnosis
 - Includes a sample treatment plan that conforms to the requirements of most third-party payors and accrediting agencies including CARF, The Joint Commission (TJC), COA, and the NCQA
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