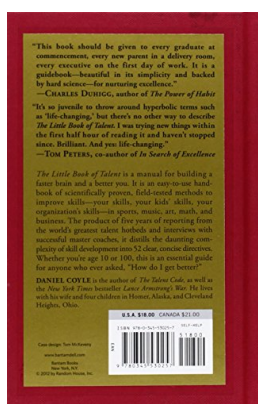


[PDF] The Little Book Of Talent: 52 Tips For Improving Your Skills

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Books Details:

Title: The Little Book of Talent: 52

Author: Daniel Coyle

Released: 2012-08-21

Language:

Pages: 160

ISBN: 034553025X

ISBN13: 9780345530257

ASIN: 034553025X

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Description:

A manual for building a faster brain and a better you!

The Little Book of Talent is an easy-to-use handbook of scientifically proven, field-tested methods to improve skills—your skills, your kids' skills, your organization's skills—in sports, music, art, math, and business. The product of five years of reporting from the world's greatest talent hotbeds and

interviews with successful master coaches, it distills the daunting complexity of skill development into 52 clear, concise directives. Whether you're age 10 or 100, whether you're on the sports field or the stage, in the classroom or the corner office, this is an essential guide for anyone who ever asked, "How do I get better?"

Praise for *The Little Book of Talent*

"The Little Book of Talent should be given to every graduate at commencement, every new parent in a delivery room, every executive on the first day of work. It is a guidebook—beautiful in its simplicity and backed by hard science—for nurturing excellence."**—Charles Duhigg, bestselling author of *The Power of Habit***

"It's so juvenile to throw around hyperbolic terms such as 'life-changing,' but there's no other way to describe *The Little Book of Talent*. I was avidly trying new things within the first half hour of reading it and haven't stopped since. Brilliant. And yes: life-changing."**—Tom Peters, co-author of *In Search of Excellence***

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