## [PDF] The Motivation Manifesto

### Brendon Burchard - pdf download free book



#### **Books Details:**

Title: The Motivation Manifesto Author: Brendon Burchard Released: 2014-10-28

Language: Pages: 256 ISBN: 1401948073 ISBN13: 9781401948078 ASIN: 1401948073

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### **Description:**

"The Motivation Manifesto is a poetic and powerful call to reclaim our lives and find our own personal freedom. It's a triumphant work that transcends the title, lifting the reader from mere motivation into a soaringly purposeful and meaningful life. I love this book." — Paulo Coelho

The Motivation Manifesto is a pulsing, articulate, ferocious call to claim our personal power. World-renowned high performance trainer Brendon Burchard reveals that the main motive of humankind is the pursuit of greater Personal Freedom. We desire the grand liberties of choice—time freedom, emotional freedom, social freedom, financial freedom, spiritual freedom. Only two enemies

stand in our way: an external enemy, defined as the social oppression of who we are by the mediocre masses, and an internal enemy, a sort of self-oppression caused by our own doubt and fear.

The march to Personal Freedom, Burchard argues, can be won only by declaring our intent and independence, stepping into our personal power, and battling through self-doubt and the distractions of the day until full victory is won. Recalling the revolutionist voices of the past that chose freedom over tyranny, Burchard—at times poetic yet always fierce—motivates us to free ourselves from fear and take back our lives once and for all.

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