

# [PDF] Therapeutic Neuroscience Education (8748)

Adriaan Louw, Emilio Puentedura - pdf download free book



## Books Details:

Title: Therapeutic Neuroscience Educ

Author: Adriaan Louw, Emilio Puented

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## Description:

Evidence shows that patients who better understand their pain, and what pain truly is, experience less pain, have less fear, move better, exercise more and can regain hope.

In this textbook, physical therapists Adriaan Louw and Emilio Puentedura deliver an evidence-based perspective on how the body and brain collaborate to create pain, teach how to convey this view of pain to patients, and demonstrate how to integrate therapeutic neuroscience education into a practice.

Written by Adriaan Louw and Emilio Puentedura.

Illustrated. Softcover; 304 pages.

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