

# [PDF] Treat Your Own Knees

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**Books Details:**

Title: Treat Your Own Knees

Author: Jim Johnson

Released: 2006-11-23

Language:

Pages: 112

ISBN: 0859699889

ISBN13: 978-0859699884

ASIN: 0859699889



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## **Description:**

**Review** You can learn more about the author and his books at [bodymending.com](http://bodymending.com)

--This text refers to an alternate edition.

**From the Author** For those who have knee pain due to arthritis, I recommend ***Treat Your Own Knee Arthritis*** - there is no need to buy both knee pain books. --This text refers to an alternate edition.

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