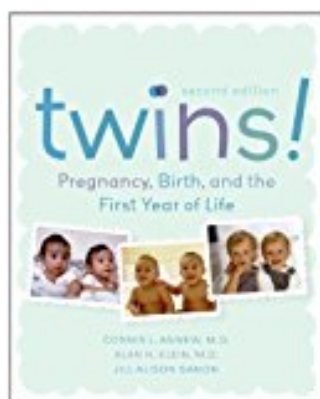


[PDF] Twins! 2e: Pregnancy, Birth And The First Year Of Life

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Books Details:

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Description:

The authors bill it as a "truly epic journey": the voyage from pregnancy through a lifetime of parenting twins. Perinatologists Connie L. Agnew, M.D., and Alan H. Klein, M.D. (also a pediatrician) incorporate a winning combination of helpful facts, educated opinion, and candid roundtable discussions--a combination that nicely maps the journey's first course for expectant parents of multiples.

Those readers familiar with the ever-popular --a mainstay for first-time parents--will be delighted to see a similar format employed here. The pregnancy and birth chapters break down into chunks of gestational weeks, outlining basic fetal development, mom's changing body, and special "transitional" issues common to each trimester. These chapters are further enhanced by pencil illustrations of the mother's pregnant body (with a peekaboo view of the developing twins) and roundtable discussions involving the authors and a panel of twins' parents.

The book's second half delves into getting through that first, tough year. While ample information on labor and delivery overlaps both halves of the book, this second section spends more time focused on the growing babies and the challenges new parents face in their relationships with their children and with each other. Again, the roundtable discussions prove quite valuable; it's always nice to read encouraging words from those who have lived through preterm delivery, sleep deprivation, and older sibling regression. Growth charts and a helpful resource guide of organizations, periodicals, and retail outlets round out the package. --*Liane Thomas*

From Library Journal In the United States, twin births have increased by 42 percent since 1980, spurred by the increasing use of fertility treatments and the advancing age of many mothers. Agnew, a perinatologist and leading specialist in the delivery of high-risk infants, and Klein, a specialist in high-risk infant care, have written one of the first books on twins by medical professionals. In conversational style, the authors cover comprehensively pregnancy, birth, the postpartum experience, and the first year of life. Interviews with parents of twins lend a fascinating insight to the topics discussed. Also particularly helpful are the detailed descriptions of the type of medical care necessary during pregnancy and the babies' first year and the resource guide at the back of the book. This excellent resource is recommended for all collections. ?Stacey Hathaway, Fordham Health Sciences Lib., Wright State Univ., Dayton
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